

# Examples of Values

Acceptance	Consideration	Freedom	Modesty	Self-Love
Accomplishment	Consistency	Friendship	Motivation	Self-Respect
Accountability	Contentment	Frugality	Nature	Selflessness
Accuracy	Continuous Improvement	Fun	Novelty	Sensitivity
Achievement	Continuous Learning	Generosity	Objectivity	Serenity
Adaptability	Congruence	Genius	Openness	Service
Adventure	Contribution	Goodness	Open-Mindedness	Sharing
Agility	Control	Grace	Optimism	Significance
Alertness	Conviction	Gratitude	Order	Silence
Altruism	Cooperation	Greatness	Organization	Simplicity
Ambition	Correctness	Growth	Originality	Sincerity
Amusement	Courage	Happiness	Passion	Skill
Approachability	Courtesy	Hard Work	Patience	Skillfulness
Assertiveness	Creativity	Harmony	Peace	Smart
Attentive	Credibility	Health	Performance	Solitude
Authenticity	Curiosity	Holistic Health	Perseverance	Spirituality
Authority	Decisiveness	Honesty	Persistence	Spontaneity
Autonomy	Dedication	Honour	Personal Development	Stability
Awareness	Dependability	Hope	Playfulness	Status
Balance	Determination	Humility	Partnership	Stewardship
Beauty	Development	Humor	Patriotism	Stillness
Being The Best	Devotion	Imagination	Pleasure	Strength
Belonging	Dignity	Improvement	Poise	Structure
Boldness	Discipline	Independence	Popularity	Success
Bravery	Discovery	Individuality	Positivity	Support
Brilliance	Diversity	Inclusiveness	Positive Mindset	Surprise
Calm	Drive	Influence	Potential	Sustainability
Calmness	Economy	Inner Harmony	Power	Talent
Candor	Education	Inner Peace	Preparedness	Teamwork
Capable	Effectiveness	Innovation	Presence	Temperance
Careful	Efficiency	Inquisitive	Productivity	Thoroughness
Carefulness	Empathy	Insightful	Professionalism	Thoughtful
Certainty	Empowerment	Inspiring	Prosperity	Timeliness
Challenge	Endurance	Integrity	Punctuality	Tolerance
Change	Energy	Intelligence	Purpose	Toughness
Charity	Enjoyment	Intensity	Realistic	Tradition
Cheerfulness	Enthusiasm	Intuitive	Reason	Tranquility
Cleanliness	Environmental Sustainability	Irreverent	Recognition	Transparency
Clarity	Equality	Joy	Recreation	Trustworthiness
Clear-Mindedness	Ethical	Justice	Reflective	Trusting Relationships
Collaboration	Excellence	Kindness	Reputation	Truth
Comfort	Experience	Knowledge	Respect	Understanding
Commitment	Exploration	Lawful	Responsibility	Uniqueness
Common Sense	Expressive	Leadership	Responsiveness	Unity
Communication	Fairness	Learning	Rest	Valor
Community	Faith	Liberty	Restraint	Versatility
Compassion	Fame	Logic	Resilience	Victory
Competence	Family	Longevity	Results-Oriented	Vigor
Competition	Fearless	Love	Reverence	Vision
Compliance	Ferocious	Loyalty	Rigor	Vitality
Composure	Fidelity	Mastery	Risk-Taking	Wealth
Concentration	Fitness	Meaning	Satisfaction	Wellness
Confidence	Focus	Meaningful Work	Security	Will
Connection	Foresight	Mindfulness	Self-Awareness	Winning
Consciousness	Fortitude	Minimalism	Self-Confidence	Wisdom
Conservation		Moderation	Self-Reliance	Wonder